



1. Sanctioned by

World Taekwondo (WT)

2. Promoted by

Asian Taekwondo Union (ATU)

3. Organized by

Nepal Taekwondo Association (NTA)

Satdobato, Lalitpur, Nepal

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E-mail: taekwondomounteverest@gmail.com

Website: www.taekwondonepal.org.np

www.facebook.com/tkdassociationnepal

4. Organizing Committee

Chairperson

Mr. Prakash Shumsher Rana,

Chairman, Advisory Board, NTA

Co-Chairperson

Mr. Bhan Bahadur Chand

Contact No. : +977-9851077192

Organizing Secretary Chief

Mr. Samrajya Bikram Pandey

Contact No. : +977-9802033370

Organizing Secretary

Mr. Kumar Lama Ghishing

Contact No. : +977-9841351944

Organizing Co-Secretary

Mr. Bablu Shiwakoti

Contact No. : 9841062274

Technical Director

Mr. Yeongdal Kwon

Contact No. : +977-9851048802

Referee Coordinator

Mr. Tika Prasad Limbu

Contact No.: +977-9852671015

5. Competition Venue

Covered Hall, Dashrath Rangashala,

Tripureshwor, Kathmandu, Nepal

6. Competition Date

Senior Kyorugi Competition (G-1)	17-18 February, 2026
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7. Competition Rules

- WT Kyorugi Competition Rules & Interpretation as of January, 2025 shall be applied.
- The best of three system shall be applied.



- c. Senior Division – seeded according to the published January, 2026 World Taekwondo rankings.

8. ANTI-DOPING Test

- a. Any use or administration of drugs or chemical substances described in the WADA Prohibited Lists. The WADA Anti-doping Code shall be applied. The Organizing Committee shall be responsible for making all necessary preparations for conducting doping tests.
- b. The details of the WT Anti-Doping Rules shall be enacted as part of the by-laws.

9. Classification of Competition

- a. Single elimination tournament system.

10. Age Limitation

Senior : 17 years and above (2009 and before)

11. Weight Categories

Senior Male	-54kg, -58kg, -63kg, -68kg, -74kg, -80kg, -87kg, +87kg
Senior Female	-46kg, -49kg, -53kg, -57kg, -62kg, -67kg, -73kg, +73kg

12. Registration

- a. Registration can be done only through the World Taekwondo Event Registration system
<https://worldtkd.simplycompete.com>
- b. Registration Deadline: **1st February, 2026**
- c. There is **NO ON-SITE REGISTRATION** in the venue.
- d. Registration Fees:
- Senior Kyorugi USD 100
- e. The Athlete shall pay registration fee to the Organizing Committee by bank transfer. All bank transfer shall be paid to the following:



Account Name	Mount Everest International Taekwondo Championships
Name of the Bank	Everest Bank Ltd.
Account Number	05700105200434
Bank Address	Satdobato, Lalitpur, Nepal
Swift Code	EVBLNPKA



- f. Registration fees will not be reimbursed under any circumstances.

Note: Payment Voucher should be submitted to O/C via email before 3rd February, 2026.

13. Protective Equipment & Uniform

- The participants shall wear the WT recognized Taekwondo Uniform (Dobok) and protective equipment.
- Organizing Committee will provide the E-Trunk Protector and E-Head Guard during the competition.
- Participating athletes are responsible for sensor shocks, groin guard, arm/shin guard, hand gloves and tooth guard.
- White or transparent tooth guard will be considered for the competition.

14. International Referee

- Required Referee officials shall be appointed as per WT Referee Regulation.
- Referee officials must have valid IR Licenses.

15. Coach Eligibility Requirements

- Holder of valid WT Coach Kyorugi Certification Course Level I



- b. Holder of a valid 2026 WT Global Official License

16. Training Space

- a. Space shall be provided for training purpose for the participant athletes.
- b. The protective equipment for training should be managed by participants themselves.

17. Condition for Participation

- a. All the participants are responsible for ROOM CHARGE, DAILY MEAL and to and from AIR FARE or any means of transportation from their respective county or place of origin in course of participation.
- b. Organizing Committee strongly recommend to all the participants must stay at the designated official hotels for the security reason however, O/C will not be responsible for any incident occurs if any participants stay outside on their own risk.
- c. O/C will provide the pick-up and drop off facilities only for those participants staying at designated official hotels.

18. Visa

Please visit the following link for visa application:

<http://www.nepalimmigration.gov.np/page/visa-on-arrival>



19. Competition Schedule

Date	Time	Program	Remarks
8 th ~ 17 th Feb.	8:00 a.m. ~ 6:00 p.m.	Registration (Upon Arrival)	NTA Head Office Satdobato, Lalitpur
15 th Feb.	4:00 p.m. ~ 5:00 p.m.	Head of Team Meeting (Senior Kyorugi)	TBD
	5:00 p.m. ~ 7:00 p.m.	International Referee Training (Senior Kyorugi)	NTA Head Office Satdobato, Lalitpur
16 th Feb.	10:00 a.m. ~ 12:00 p.m.	Senior General Weigh-in W-49kg, W-57kg, W-62kg, W+73kg M-54kg, M-63kg, M-80kg, M-87kg	Dashrath Rangashala
16 th Feb.	2:00 p.m. ~ 3:00 p.m.	Opening Ceremony	Dashrath Rangashala
17 th Feb.	8:00 a.m.	Random Weigh-in W-49kg, W-57kg, W-62kg M-54kg, M-63kg, M-80kg, M-87kg	Dashrath Rangashala
	10:00 a.m. ~ 12:00 p.m.	Senior General Weigh-in W-46kg, W-53kg, W-67kg, W-73kg M-58kg, M-68kg, M-74kg, M+87kg	
	9:00 a.m. ~ 6:00 p.m.	Senior Competition W-49kg, W-57kg, W-62kg, W+73kg M-54kg, M-63kg, M-80kg, M-87kg	
	6:00 p.m.	Medal Ceremony	
18 th Feb.	8:00 a.m.	Random Weigh-in W-46kg, W-53kg, W-67kg, W-73kg M-58kg, M-68kg, M-74kg	Dashrath Rangashala
	9:00 a.m. ~ 6:00 p.m.	Senior Competition W-46kg, W-53kg, W-67kg, W-73kg M-58kg, M-68kg, M-74kg, M+87kg	
	6:00 p.m.	Closing & Medal Ceremony	



Note:

- *The above competition schedule is provisional and may be amended with prior notice by the Organizing Committee.*
- *Registration for the Senior competition will be closed once the number of registered athletes reaches 800 (National 300 & International 500).*
- *All participating teams, athletes, and officials traveling by air or bus will be received at their respective points of arrival and transported directly to the Organizing Secretariat for registration and accreditation. Upon completion of this process, participants will be escorted to their designated hotels.*
- *Please be informed that onward transportation from the Secretariat to the designated official hotels will be provided free of charge to participants accommodated at the official hotels.*
- *All teams and participants are kindly requested to submit their detailed travel itineraries in advance to avail of the above-mentioned facilities by email to taekwondomounteverest@gmail.com.*